



## **IV Sedation/Valium Information**

### ***IV Sedation***

IV sedation is used to reduce anxiety and minimize the patient's awareness of discomfort during a procedure. Sedation effects differ from person to person. When given IV sedation it typically will cause drowsiness and relaxation. You will still be mostly awake for the procedure, and you may remember some of the procedure. This sedation is used because it starts to work within minutes, and you will regain control of your mental and physical capabilities quickly after the procedure. You must have a driver if you are receiving any type of sedation. IV sedation is only given at our outpatient surgery center.

Before the procedure, the nursing staff will start an IV in the appropriate vein. The medication midazolam (Versed) will be administered through the IV at the time of your procedure. During this time the physician will monitor your heart rate, blood pressure and oxygen levels. After the procedure is complete, you may have to wait in a procedure room until you are awake. You may feel effects of the sedation for the next few hours such as drowsiness. The patient should avoid driving or drinking any alcohol the day of the procedure/sedation.

### ***Valium***

Diazepam (Valium) is given to patients to relieve symptoms of anxiety. This is an oral tablet given before the procedure. It will take approximately 20-30 minutes to take effect. This medication will make you feel relaxed and/or drowsy. The nurse will give the patient the oral tablet after the patient has been checked in, all questions have been answered and the patient has signed the consent form for the procedure. The patient will wait in the exam room until the medication has begun working. Valium can continue to make you drowsy for the next few hours after the procedure. You must have a driver if given Valium. The patient should avoid driving or drinking any alcohol the day of the procedure/Valium.